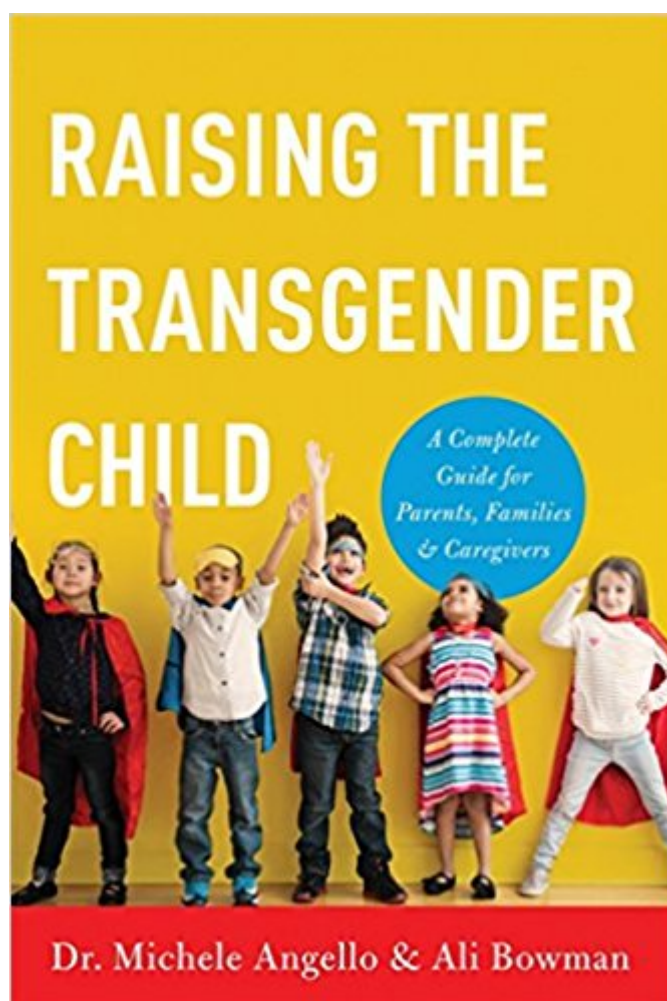


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# Raising The Transgender Child: A Complete Guide For Parents, Families, And Caregivers



## Synopsis

Written by top experts in the field, *Raising the Transgender Child* offers much-needed answers to all the questions parents and other adults ask about raising and caring for transgender and gender diverse children: Is this just a phase? Did I do something to cause this? How do we protect these children? Who should I tell, and how? Will anyone love my child? Written by Dr. Michele Angelo, a leading therapist and go-to expert in the field of transgender parenting, and Ali Bowman, bestselling writer and parent advocate, *Raising the Transgender Child* helps readers champion and celebrate gender diverse children while at the same time shedding fear, anger, sadness, and embarrassment. With specific and actionable advice—including coming-out letters, identity challenges, school and caregiver communications, and more—the guide provides a wealth of science-backed information alongside friendly and practical wisdom that is sure to comfort, guide, and inspire the family and friends of transgender and gender diverse children.

## Book Information

Paperback: 288 pages

Publisher: Seal Press (November 22, 2016)

Language: English

ISBN-10: 1580056350

ISBN-13: 978-1580056359

Product Dimensions: 5.6 x 0.8 x 8.2 inches

Shipping Weight: 5.6 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars 9 customer reviews

Best Sellers Rank: #130,195 in Books (See Top 100 in Books) #49 in Books > Gay & Lesbian > Nonfiction > Transgender #57 in Books > Gay & Lesbian > Parenting & Families #297 in Books > Parenting & Relationships > Parenting > Teenagers

## Customer Reviews

"Raising the Transgender Child is an essential 'how to' guide for any parent or guardian of a gender fluid or transgender child. I will continue to reference this book with each new stage in Ryland's young life. I am grateful for the tips and insight when it comes to how to best navigate the financial burden of hormones, school pushback regarding bathrooms, resistance from friends or family, finding an affirming college, and many more important issues. There are so many factors involved when raising a transgender child, and this book gives real-life resources and guidance on how to respond to challenges faced on a daily basis."—Hillary Whittington,

author of *Raising Ryland*"This wonderful book arrives at exactly the right moment, providing parents, families, and educators with an invaluable resource for raising a trans child with wisdom and love. Angello and Bowman are equal measures authors and angels, and their long roots in the community lend their voices insight and authority. What a gift this book is!—abounding with meticulous research, common sense, and compassion!—Jennifer Finney Boylan, author of *She's Not There* and *Stuck in the Middle with You*—Finally, there is a definitive guide to parenting your transgender child! Whenever someone asks me about how to raise a confident and happy trans kid, I point them toward this intelligent, thorough, and delightful book. With clear and accessible language, Angello and Bowman build compassionate bridges between generations—bridges that will last a lifetime.—Jeffrey Marsh, LGBT youth activist and author of *How to Be You*"*Raising the Transgender Child* is an essential 'how to' guide for any parent or guardian of a gender fluid or transgender child. I will continue to reference this book with each new stage in Ryland's young life. I am grateful for the tips and insight when it comes to how to best navigate the financial burden of hormones, school pushback regarding bathrooms, resistance from friends or family, finding an affirming college, and many more important issues. There are so many factors involved when raising a transgender child, and this book gives real-life resources and guidance on how to respond to challenges faced on a daily basis.—Hillary Whittington, author of *Raising Ryland*

Michele Angello, Ph.D. works with gender-variant and transgender youth and adults. She has appeared on *Larry King Live*, *Dr. Phil*, *Dr. Oz*, and in various documentaries on transgender issues. She also developed the first graduate course in the United States that focused on clinical issues in transgender communities. She is an adjunct faculty member at Widener University and is identified globally as a transgender youth specialist. Alisa Bowman is an advocate for transgender children and a professional writer and ghostwriter who has penned more than thirty titles, including seven *New York Times* bestsellers. As a journalist, she has written for many national outlets, including *Reader's Digest*, *Prevention*, *Parents*, *Family Circle* and the parenting section of *Today.com*.

This is one of the most thoughtful, thorough, warm and "human" books I have ever read about trans kids. The authors are exceedingly well-informed and up to date, addressing not only the fears and concerns of parents of a child who has told them that they are transgender, but the questions that \*any\* person, parent or not, might want answered (and be too afraid to ask). Research, resources,

effective ways to navigate conversations, affect school policies, advocate for your (or anyone else's) child are all here. Thank goodness this most valuable resource came out just when we might most need it! A heartfelt thank you to Michele Angello & Alisa Bowman!

This is a must-read for every person who has a trans child or teen in their life. Explanations are clear and thoughtful. This gem of a book gives the reader insight into the lives of trans kids, trans teens, and their families in a way that will let you think, learn and support anybody on the wide spectrum of gender. The best book I have found so far.

Great resource for clinicians who are looking for more information especially when working with parents of Transgender children! I recommend this book all the time.

Very informative and easy to read.

Exceptional! A must read for all of us who are raising children!

Good Read, skipped some chapters, not a big "Tech" type reader. Full of great information

While this book is designed for parents and family members raising a transgender child, it is so timely and full of information that it is a great resource for anyone seeking to understand the language and issues in the news regarding transgender rights. It is not a political book. It is written by two professionals who have extensive experience working with the transgender community. This book is different in tone and purpose from personal memoirs written by those living as a transgender individual or family member. Raising the Transgender Child asks and answers the questions many families have when a child explores gender expression. The chapters attempt to address the biological, social, legal, medical, psychological and spiritual aspects of gender identity and expression. Of course, no one book can completely address all of these matters, but the fact that they are at least acknowledged provides a good road map for those wanting to know more. While the book is written from a perspective of advocacy for transgender families, it acknowledges the challenges likely to be faced as the social, educational, and medical resources for families and individuals evolve. There is also recognition of social, political and religious opposition to acceptance of variations of gender expression. A great strength of the book is the amount of space devoted to resources and avenues for becoming better informed. The resources

range from faith groups, fiction, conferences, educational resources, hotlines, legal resources, specialized medical clinics, and school consultants, to online sites and more. Upon first reading, my favorite chapter was the one that offered suggestions for fifteen ways to celebrate gender-diverse youth. These are positive actions that can be taken by anyone to improve the quality of life for a young person who is growing up in a society that will present them with difficult challenges. They deserve to have their lives made a little easier through support and protection as they proceed on their journey to becoming their most authentic selves and valued members of society. The authors deserve a big thanks for producing a well researched and well written book on a most timely topic.

Could not have picked a better book to learn about my own child. Full of great research, resources, and explains just about everything a parent could think of or worry about when they learn their child is gender non-conforming, and how to best make an easy transition for everyone involved. An excellent book to send to relatives, friends, and family as well! I have recommended this book to many, many people. Very well written and helps the reader gain a great understanding of how to raise and care for non-binary and transgender youth,

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